



MUHLENBERG MEDICAL CENTER MMC PULSE

Vol. 5, No. 1

MUHLENBERG MEDICAL CENTER, BETHLEHEM, PA.

January-February 1972

Auxiliary Makes \$100,000 Pledge To Hospital

Methadone Program Aids 128 Patients During First Year

One year ago the Muhlenberg Medical Center established its methadone out-patient clinic to assist addicts who had been released from the hospital's Drug Abuse Treatment Unit. Since that time over 128 patients have received the heroin substitute and today the program has an enrollment of 85 patients.

Eighty per cent of these former addicts are currently employed, and over 50 patients have not used heroin for at least six months.

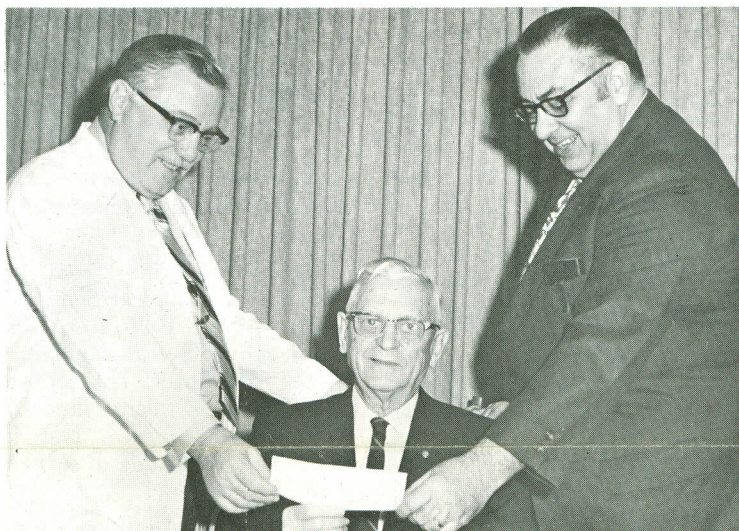
(continued on page 2)

Wing Construction Following Schedule

Construction of the MMC surgical wing is progressing according to schedule. Dr. Charles A. Waltman, chairman of the Surgical Development Committee, reported to the board of directors that the hospital's first physical expansion program is now meeting the construction timetable set last fall.

The wing is under roof and concrete has been poured for the two floor decks. The brickwork has been completed, and workers have broken through the hospital's north wall and are constructing the entrance way which leads from the new addition to the main building on both 1st floor and basement levels.

Dr. Waltman noted that the surgical unit will be ready for occupancy by mid-summer.



Harrison Prosser (seated) presents a check for \$20,000 to Administrator Donald E. Porter and Dr. Dominic Donio.

Prosser Gives \$20,000 To MMC

A gift of \$20,000 by Harrison W. Prosser, honorary vice-president of Muhlenberg Medical Center, will underwrite the cost of much-needed equipment for the hospital's rehabilitation program.

Administrator Donald E. Porter announced that the gift will provide for the purchase of equipment for Physical, Occupational and Speech Therapy departments.

Listed for physical therapy are a whirlpool tank, myograph machine electronic attachments, oscilometer, scintillator, paraffin bath and hydrocollator. Specialized equipment for functional occupational therapy will also be purchased, as well as audiometric equipment for hearing and speech problems.

Mr. Prosser's latest contribution to the hospital was announced by Atty. Jacob S. Kolb, MMC president, at the testi-

(continued on page 3)

AHEAD Pledge Fulfilled, X-Ray Equip. Promised

The Women's Auxiliary completed its \$100,000 AHEAD pledge with the presentation of a \$5,000 check at their January meeting and immediately made a new pledge of \$100,000 to Muhlenberg Medical Center for the expansion of the hospital's x-ray facilities.

President Effie Kistler announced that the group had met its 3-year commitment to the Bethlehem fund-raising campaign well ahead of schedule and noted that the auxiliary's new obligation will also be met within a 3-year period.

This pledge will permit MMC to purchase diagnostic x-ray and radioactive isotope equipment.

(continued on page 2)

Men of MMC Dinner Set For April 3

The Men of Muhlenberg Medical Center will hold their 12th annual dinner at 6:30 p.m., on Monday, April 3, at St. Peter's Lutheran Church, 1933 Hanover Ave., Allentown. Charles G. Payne, chairman of the Banquet Committee, announced that Dr. Elton Richards, pastor, Trinity Lutheran Church, Reading, will be guest speaker at the event which has grown in popularity year after year.

Rev. Richards, a native of Media, Pa., received his bachelor's degree from Dickinson College in 1954 and later graduated from the Philadelphia Seminary at Mt. Airy. Pastor Richards also holds a master of

(continued on page 2)

1972 Summer Fest. Slated Aug. 25-26 -- Comm. Named

Mrs. Frank Muhr of Bethlehem will again head the Lehigh Valley Summer Festival this August 25-26 on the Muhlenberg Medical Center grounds. Her co-chairman will be William Kropp of Allentown and other officers for this year are Mrs. William Snyder, Jr., Tatamy, secretary; Mrs. Merritt Snyder, Easton, assistant secretary; Norman M. Snyder, Allentown, treasurer, and Mrs. John Detthof, Bethlehem, assistant treasurer.

Committee chairmen for the 1972 fete are Mrs. Norman Snyder, Allentown, program book; Mrs. Clarence Berger, Bethlehem, luncheon and dinners; Mrs. Mary Herring, Allentown,

(continued on page 4)

PULSE

Published Bi-Monthly by the
MUHLENBERG MEDICAL CENTER

Shoenersville Road, Bethlehem, Pennsylvania 18017
Donald E. Porter, Administrator

"Drug Addiction" Discussed By Lecture Program Speaker

Dr. Kermit B. Gosnell, medical director of Philadelphia's Mantua Halfway House, was featured as guest speaker in the fourth program of MMC's 1971-72 lecture series on February 21.

Dr. Dominick Raso, president of the medical staff, stated physicians from the Lehigh Val-

ley area attended the lecture, which was held in the hospital's dining room.

Dr. Gosnell, who has written several papers on the medical and sociological problems that afflict our underprivileged minorities, spoke on the subject of "Drug Addiction."

A native of Philadelphia, Dr. Gosnell received his B.S. degree from Dickinson College and his M.D. from Jefferson Medical College. He served his internship at Germantown Hospital and a residency in gynecology at Jefferson Medical College.

In 1969 he received a Fellowship in Clinical Endocrinology and a Research Fellowship in Male Endocrinology but requested a leave of absence in order to devote his services towards the community's medical needs.

Besides serving as medical director for both the Women's Medical Society and Mantua, the youthful physician is a member of numerous community organizations including the Medical Commission for Human Rights and the Philadelphia Psychiatric Center and Advisory Board.

METHADONE (Cont. from page 1)

Before methadone, rehabilitation centers experienced recidivism rates exceeding 95 per cent. Addicts were released from treatment units and eventually returned to heroin, because little in their life patterns had significantly changed. The need for heroin had not been eliminated, and patients were being returned to their former environments without jobs.

Although methadone does not directly solve the entire problem, it at least relieves the patient's desire for drugs and permits him to secure employment and adopt an improved life style.

The high rate of employment among the clinic's patients is a reasonable measure of the MMC program's success.

Two Added To Medical Staff

Two area physicians received approval of staff privileges from the Muhlenberg Medical Center's board of directors at their January meeting. Dr. Ben C. Barnes, medical director, announced that Dr. John J. Ryan of Bethlehem and Dr. Nathaniel Silon of Allentown have been admitted to the medical staff.

Dr. Ryan is a native of Pottsville and currently maintains offices in Bethlehem. He received a B.S. degree from Mt. St. Mary's College, his M.D. from Hahnemann Medical College and served a residency in internal medicine at St. Luke's Hospital. Dr. Ryan will be an active member of the MMC staff in pulmonary diseases and internal medicine.

Dr. Silon, who has been admitted as a consulting physician in radiation therapy, is a member of the American Society of Therapeutic Radiologists and was certified by the American Board of Radiology in 1964. He received his bachelor of business administration from Brooklyn College. He later graduated from Albany Medical College and completed his internship at Philadelphia's Einstein Medical Center. In 1965 he was appointed assistant clinical professor at the University of Pittsburgh and served as a member of the medical staffs of Pittsburgh hospitals until 1971.

Rev. Walker Emphasizes Need For Genuine "People Care"

Rev. Jan Walker is an energetic and dedicated clergyman who believes in getting involved, especially when it benefits those who need help. A retired U. S. Air Force chaplain and former pastor, he is now the assistant to the president of the Northeast Pennsylvania Synod of the Lutheran Church in America. Rev. Walker is also a member of the MMC board of directors.

Born in Hamburg, Pa., he spent most of his childhood in Reading. Before receiving his bachelor's degree from Union College in Schenectady, N. Y., he spent his junior year in Scotland as an exchange student.

After graduating from the Lutheran Theological Seminary at Mt. Airy in 1956, Rev. Walker began an 8-year chaplaincy in the Air Force. His tour of duty included both domestic and overseas service and he counseled thousands of servicemen.

Rev. Walker's military career ended in 1964, but his continuing commitment to men in the armed forces includes vice-chairmanship of the standing committee of the Lutheran Church's Division of Service to Military Personnel.

Rev. Walker was pastor of St. John's Lutheran Church, Melrose Park, until 1969, when he accepted his present position with the Lutheran Synod. His duties include vocational counseling with seminarians and a continuing education program for pastors and laymen.

During his first year with the Synod, Rev. Walker was elected to the MMC board and now serves on the Long Range Planning Committee.

He is enthusiastic about the medical center's multi-specialty program, but considers MMC's greatest asset to be the fact that it is "a hospital that cares". The Lutheran cleric is strongly outspoken about today's depersonalizing institutions—whether they be business, educational, medical or religious.

He points out that, in order



Rev. Jan Walker

for an institution to remain humanistic, it must be concerned with its treatment of the employee as well as its service to the client. He stresses that "quality health care cannot be administered without giving complete people-care" and adds that MMC's fine medical treatment is further proof of this.

AUX. GIFT (Cont. from page 1)

ment which will be installed on the hospital's lower level in the area now occupied by the laboratory. Through this program, MMC will become involved in nuclear medicine for the first time.

Another portion of the auxiliary's pledge will be used to buy a portable x-ray machine for the surgical unit.

DINNER (Continued from page 1)

theology degree from Princeton Theological Seminary.

Upon his ordination in 1959, he was appointed assistant pastor of St. Paul's Lutheran Church in Ardmore. In 1962 he was called to Levittown's Resurrection Lutheran Church where he served as pastor until 1968, when he went to Reading.

The chairman noted that tickets for the dinner are available from members of the Men of MMC or at the hospital's volunteer office.

Serving on the banquet committee are William E. Kropp, Horace C. Houghton, Douglas M. Hunt, Irvin H. Lengel, and Clarence W. Schenkenberger.

PT-OT Units Training Students From Comm. College Program

Occupational and physical therapy are two important phases of the medical and mental health rehabilitation programs provided by Muhlenberg Medical Center.

The Physical Therapy Department, under the direction of Richard Frantz, R.P.T., maintains a comprehensive program designed to help patients regain the use of muscles, joints and bones.

Sally Ambruzzese, the hospital's registered occupational therapist, administers a program of training that attempts to return patients to everyday activity.

In cooperation with the OT and PT assistance programs offered by the Lehigh County Community College, both of these departments at MMC accept sophomore year students from the Schnecksville campus

and provide them with actual clinical experience.

Mrs. Ambruzzese explained that the assistance program gives the student invaluable experience with the physically and mentally disabled. One of the most important aspects of training, she noted, is teaching the students how to administer effective therapy without becoming too emotionally involved.

The student works with certain patients under the therapist's supervision, learning how to read charts, write notes and apply evaluation techniques. Although the OT students may not decide the actual form of treatment in specific cases, they are encouraged to make suggestions and design practice treatment plans for review by the therapist.

Second year students in the physical therapy assistance program are trained at seven of the area's hospitals and rehabilitation centers on a 4-week rotating basis.

Frantz stressed that the students learn how to set up a therapy program, the use of equipment and advanced therapeutic techniques. As in OT, the student must function under the supervision of a therapist, but may assist in or administer most forms of treatment, including ultra-sound, hydro- and electro-therapy and various forms of heat application.

Dr. Hooshmand New Physiatrist In MMC Rehabilitation Unit

"This field has been neglected in the past. Our job is to get the patient out of the hospital earlier and back to a level of everyday functioning."

This is the philosophy of Dr. Majtaba Hooshmand, the new physiatrist at the Muhlenberg Medical Center, who is on duty in the Rehabilitation Clinic on Mondays, Wednesdays and Fridays. Dr. Dominic Donio, director of physical medicine, is in the clinic on Tuesdays and Thursdays.

The two physicians select inpatients who need physical medicine, diagnose their problems and prescribe treatment. Out-patients are also treated through this program.

Once a week Dr. Hooshmand meets with the hospital's rehabilitation team to review the program and discuss particular cases.

Doctors Donio and Hooshmand conduct the medical management of the patients they admit to the hospital, but in the Rehabilitation Clinic they see both their own and the patients of other physicians.

A native of Tehran, Iran, Dr. Hooshmand received his degree



Dr. Majtaba Hooshmand

in medicine from Tehran University. He interned there and at Columbus Hospital, New York City, and was a resident in physical medicine and rehabilitation for the past three years at the University of Pennsylvania Hospital.

At the present time he is also chief resident and instructor in physical medicine and rehabilitation at that hospital.

Brochure on Rehab. Program Describes Therapy Services

A pamphlet which describes in words and pictures the rehabilitation program at Muhlenberg Medical Center is being distributed to the area's physicians. Administrator Donald E. Porter announced that copies are being mailed to all members of the medical societies, so they will have a full comprehension of the therapies now available at the hospital.

The pamphlet outlines the importance of rehabilitation and points up the physical, speech and hearing, occupational and recreational therapy programs.

Mr. Porter stated that the hospital wants every physician in the Valley to be aware of the program and what it can accomplish for his patients who have suffered stroke, Parkinson's disease, and other neurological and muscular diseases.

Volunteers Director Named Secretary Of State Group

Mrs. Mary Grace Stanton, MMC's Director of Volunteers, was elected secretary of the Central Chapter of the Pennsylvania Association of Directors of Hospital Volunteers at the group's annual reorganization meeting in York.

A member of the hospital's staff since 1963, Mrs. Stanton had served as assistant director of nursing and day supervisor before accepting the post of volunteers' director in 1969.

A native of Bethlehem, she was graduated from Liberty High School and the Reading Hospital School of Nursing and later attended the University of Pennsylvania Graduate School and Catholic University.

Mrs. Stanton is a member of the Hospital Association of Pennsylvania and both the Pennsylvania and National League for Nursing.

PROSSER (Con. from page 1)

monial dinner honoring him and his wife, Myrtie, on February 5. This gala event in the hall of St. John's Windish Lutheran Church, Bethlehem, was attended by 300 people representing the hospital. Muhlenberg, Moravian and Wagner colleges, Lehigh University, Christ Lutheran Church, Hellertown, and the Lutheran Church of America. All of these institutions have been beneficiaries of the Prosser's generosity.



MMC's Rehabilitation Team, headed by Dr. Dominic Donio (second from left) and physical therapist Richard Frantz, flanks Harrison Prosser, whose recent gift will be used to purchase rehab. equipment.

MMC Surgical Planning Committee Appointed

Medical Records "Providing Vital Assistance" To MMC Personnel

The medical records department is an integral part of every modern hospital. Besides serving as a central clearing house for pertinent statistical data and case histories, a records department develops secondary records, providing vital assistance to medical personnel.

The Medical Records Department at MMC is headed by Mrs. Dorothy M. John, an accredited records technician. As medical records librarian, Mrs. John is responsible for the development and technical analysis of patients' histories on a quantitative basis.

A member of the MMC staff since 1962, Mrs. John has headed the department since 1969. She noted that nearly 8,000 records are safeguarded in the department's office on the 4th floor of the hospital and that these represent the number of patients admitted during its

ten-year history. Mrs. John added that all records are preserved in their original form and are accessible only to the MMC medical staff and consulting physicians.

Mrs. John works closely with the hospital's Medical Records Committee, which reviews, studies and evaluates overall case histories. Members of this committee are: Dr. Gavin Barr, Dr. Fred Thompson and Dr. John Oliver.

Mrs. John pointed out that a medical record serves as a communication for all medical and paramedical personnel, furnishing documented evidence of the course of a patient's illness and the type of medical care rendered.

She stated that cross-references and various indices increase the value of the records as educational and scientific tools.

Auxiliary Projects Prove Profitable --\$4300 Raised

The Thrift Shop of the Auxiliary of the Muhlenberg Medical Center is in need of additional volunteers. Mrs. William McMorris, chairman of the thrift shop, reported at the auxiliary's January board meeting that the shop is presently understaffed and more volunteer assistance would be appreciated.

Mrs. McMorris presented a check for \$1,000 to the auxiliary from the store's proceeds.

Mary Grace Stanton, director of volunteers, announced that 175 volunteers donated 1,818 hours of service to the hospital in December.

Mrs. Frank Leidich, gift shop chairman, turned in a check for \$1,500 representing the last quarter's receipts in 1971. She pointed out that the first floor shop is beginning to receive a full line of Easter merchandise.

A check for \$1,800 was received by the auxiliary from the Catasauqua-Whitehall area group, which will meet in Holy Trinity Lutheran Church, Catasauqua, on March 10.

The Bethlehem Area will meet March 10 in the Keystone building.

Other meetings planned by auxiliary groups are: Allentown Area, March 14, in St. Luke's Evangelical Lutheran Church; Carbon County Area, March 21, at St. Paul's Lutheran Church, Summit Hill; Emmaus Area, March 6, Holy Trinity Lutheran Church, Emmaus, and Neffs-Slatington Area, which will meet in Neffs Lutheran Church on March 9.

Dr. Waltman Named Chairman Of Group

The Muhlenberg Medical Center's board of directors was informed of the appointment of eight medical staff members to the Surgical Planning Committee.

Dr. Ben C. Barnes, medical director, announced that Charles A. Waltman, M.D., has been named chairman of the committee, which is charged with the organization of the Department of Surgery.

The following physicians are appointed to the surgical development of their respective disciplines:

Clarence A. Holland, M.D., general surgery; Frank A. Schramm, M.D., gynecology; James F. Cochran, M.D., ophthalmology; Robert E. Beeton, D.D.S., oral surgery; Richard A. Ward, M.D., orthopedic surgery; Warren C. Dietrich, Jr., M.D., otorhinolaryngology, and John H. Hobart, M.D., urology.

Dr. Barnes noted that the planning committee has been formed, in part, from the hospital's original Surgical Committee, which included Drs. Waltman, Holland and Ward.

Mrs. Katz New MMC Counselor In Mental Health Rehabilitation

Mrs. Joan Katz of Allentown has been appointed mental health counselor at Muhlenberg Medical Center. Carl F. Odhner, Coordinator of Professional Services, announced that Mrs. Katz will conduct vocational, personal adjustment and group counseling in all of the hospital's mental health-related programs.

Odhner noted that the new counselor has been hired on a part time basis through a \$5,000 grant from the Greater Bethlehem Area United Fund.

Mrs. Katz is a native of New York City, where she graduated from Forest Hills High School. After receiving her Bachelor of Education degree from the University of Buffalo, she taught elementary school in Brooklyn for two years.

Returning to college for graduate study, she spent several summers teaching in the Head Start Program in Harlem, before graduating from Michigan State University with a master's



Mrs. Joan Katz

degree in rehabilitation counseling.

In 1966 Mrs. Katz accepted a counseling position with the California Department of Vocational Rehabilitation and spent two and a half years providing mental health and vocational services in the poverty-stricken area of Oakland.

Mrs. Katz moved to the area in 1969 and now resides in Allentown with her husband, Lewis, and their daughter.

Muhlenberg Medical Center
Bethlehem, Pa. 18017

Non-Profit Organization
U. S. POSTAGE
PAID
BETHLEHEM, PA.
Permit No. 375